

Market Indexes / October 2022 (all values as of 09.30.2022)

Stock Indexes:

| | | |
|-----------|-----------|-------|
| Dow Jones | Gold | 1,668 |
| S&P 500 | Silver | 19.01 |
| Nasdaq | Oil (WTI) | 79.74 |

Commodity Prices:

Bond Sector Yields:

| | | |
|-----------------|------------------|--------|
| 2 Yr Treasury | Dollar / Euro | 0.97 |
| 10 Yr Treasury | Dollar / Pound | 1.09 |
| 10 Yr Municipal | Yen / Dollar | 144.50 |
| High Yield | Canadian /Dollar | 0.73 |

Currencies:

YTD Market Returns:

| | |
|---------------|---------|
| Dow Jones | -20.95% |
| S&P 500 | -24.77% |
| Nasdaq | -32.40% |
| MSCI-EAFE | -28.88% |
| MSCI-Europe | -30.50% |
| MSCI-Pacific | -25.80% |
| MSCI-Emg Mkt | -28.91% |
| US Agg Bond | -14.61% |
| US Corp Bond | -18.72% |
| US Gov't Bond | -15.10% |

PlanRock offers investment due diligence services for Investment professionals. PlanRock offers Exchange Traded Funds on the New York Stock Exchange. See prospectus for more details. Please contact 800-677-6025 or go to www.PlanRock.com for more information about how we can help you reach your goals.

© PlanRock Investments, LLC. The content above is available for use only by authorized subscribers, clients and where permissible as such. This content is not authorized for resale. Past performance does not guarantee future results. The sources we use are believed to be reliable, but their accuracy is not guaranteed.